



2022

DR. PATRICIA CANNING

*Memorial Lecture in Child Health
and Development*



DR. MICHAEL UNGAR

Dalhousie University

Dr. Michael Ungar is a professor of social work at Dalhousie University and the director of the Resilience Research Centre. He also holds a Canada Research Chair in Child, Family and Community Resilience.

NURTURING RESILIENCE: NINE WAYS FAMILIES, SCHOOLS AND COMMUNITIES CAN HELP CHILDREN THRIVE

In this fast-paced, story-filled presentation, Dr. Ungar will show that our children's resilience is much more than their individual ability to overcome adversity. It is just as much the result of how well their families, schools and communities work together to help vulnerable young people navigate their way to the resources they need for well-being, and whether those resources are made available to children in ways children experience as meaningful. In addition to exploring what resilience means to children from many different backgrounds, Dr. Ungar will also provide nine practical, evidence-informed strategies parents, caregivers and educators can use to help children heal, no matter a child's emotional, psychological or behavioral problems.

WEDNESDAY, OCT. 5, 2022 | 7 P.M.

**MEMORIAL UNIVERSITY, ST. JOHN'S CAMPUS
BRUNEAU CENTRE FOR RESEARCH AND INNOVATION
ROOM IIC-2001
FREE PARKING IS AVAILABLE IN LOT 17**

Reception to follow.

The Dr. Patricia Canning Memorial Lecture in Child Health and Development was established through generous gifts from the family and friends of the late Dr. Patricia Canning, a child psychologist, educator and researcher at Memorial University. It is hosted by the **Department of Psychology in the Faculty of Science.**



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